





# **WOODSIDE PRIMARY ACADEMY**

# **Leader In Me (The seven habits)**

As mentioned in my welcome, we are now focusing on developing our future leaders through Steven Covey's 7 habits. Your child will learn the key practices listed below that will enable them to develop these habits and become highly effective young people.

# **Habit 1: Be Proactive**

I am a responsible person. I take initiative. I choose my actions, attitudes, and moods. I do not blame others for my wrong actions. I do the right thing without being asked, even when no one is looking.

# Habit 2: Begin With the End in Mind

I plan ahead and set goals. I do things that have meaning and make a difference. i am an important part of my classroom and contribute to my school's mission and vision. I look for ways to be a good citizen.

# **Habit 3: Put First Things First**

I spend my time on things that are most important. This means I say no to things I know I should not do. I set priorities, make a schedule, and follow my plan. I am disciplined and organized.

# Habit 4: Think Win-Win

I balance courage for getting what I want with consideration for what others want. When conflicts arise, I look for a win-win solution.

### Habit 5: Seek First to Understand, Then to Be Understood

I listen to other people's ideas and feelings. I try to see things from their viewpoint (paradigm). I listen to others without interrupting. I listen with my ears, my eyes, and my heart. I am confident in voicing my ideas.

#### **Habit 6: Synergize**

I value other people's strengths and learn from them. I get along well with others, even people who are different than me. I work well in groups. I seek out other people's ideas because I know that by teaming with others, we can create better solutions than what any one of us could alone. I look for Third alternatives.

### **Habit 7: Sharpen the Saw**

i eat right, exercise, and get enough sleep (body). i learn in lots of ways and lots of places, not just at school (brain). i spend time with family and friends (heart). I take time to find meaningful ways to help people (soul). i balance all four parts of myself.