



PSHE



Long Term Whole School Overview

| PSHE Overview | | | | | | |
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| | Autumn | | Spring | | Summer | |
| Nursery 2-3 Topic | My Day Autumn 1 What's in the garden? Autumn 2 | | Our Pets Spring 1 Farm Animals Spring 2 | | Making Music Summer 1 Musical Stories Summer 2 | |
| Term and Focus | To begin to be able to transition from a familiar adult to a new setting. | | To be able to recognise emotions | | To begin to notice differences and similarities. | |
| Prior Learning | New Learning | | Nursery 2-3-Autumn To begin to be able to transition from a familiar adult to a new setting | | Nursery 2-3 Spring To be able to recognise emotions | |
| Future Learning | Nursery 2-3 Spring To begin to label (verbally) different emotions that the children are feeling | | Nursery 2-3 Summer To begin to notice differences and similarities. | | Nursery 3-4 Autumn To begin to describe and label emotions that the children are feeling | |
| Nursery 3-4 Topic | Marvellous Me Autumn 1 What's on Wood Street? Autumn 2 | | People Who Help Us Spring 1 Our Garden Spring 2 | | Little Explorers Summer 1 Let's Pretend Summer 2 | |
| Term and Focus | To begin to describe and label emotions that the children are feeling. | | Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried.' | | Begin to learn how to resolve their own problems without the need of an adult assisting. | |
| Prior Learning | Nursery 2-3 Spring To be able to recognise emotions To begin to notice difference and similarities | | Nursery 3-4 Autumn To be able to recognise emotions. To begin to notice differences and similarities. To begin to describe and label emotions that the children are feeling. | | Nursery 3-4 Spring To be able to recognise emotions. To begin to notice differences and similarities. To begin to describe and label emotions that the children are feeling. | |
| Future Learning | Nursery 3-4 Spring Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried.' | | Nursery 3-4 Summer Begin to learn how to resolve their own problems without the need of an adult assisting. | | Year R Summer Make Friends, Make Friends, Never Ever Break Friends | |
| Year R Topic | We are Superheroes Autumn 1 Celebrations Autumn 2 | | Wonderful Walthamstow Spring 1 Little Investigators! Spring 2 | | Traditional Tales Summer 1 Modern Tales Summer 2 | |
| Term and Focus | Autumn 1 Being Me in the World Who am I? | Autumn 2 Celebrating Differences How am I special? | Spring 1 Dreams and Goals What is a goal? | Spring 2 Healthy Me What is healthy? | Summer 1 Relationships Make Friends, Make Friends, Never Ever Break Friends | Summer 2 Changing Me Growing Up |
| Prior Learning | Nursery 3-4 Summer | Nursery 3-4 Autumn To begin to notice differences and similarities. | New Learning | New Learning | Nursery 3-4 Spring Begin to learn how to resolve their own problems | New Learning |

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| | To begin to be able to transition from a familiar adult to a new setting. To be able to recognise emotions | Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried.' | | | without the need of an adult assisting. | |
| Future Learning | Year 1 How can I synergise? | Year 1 What is bullying? | Year 1 What is my goal? | Year 1 How can I make healthy choices? | Year 1 My Important Relationships | Year 1 My Changing Body |
| Year 1 | | | | | | |
| Term and Focus | Autumn 1 Being Me in the World How can I synergise? | Autumn 2 Celebrating Differences What is bullying? | Spring 1 Dreams and Goals What is my goal? | Spring 2 Healthy Me How can I make healthy choices? | Summer 1 Relationships My Important Relationships | Summer 2 My Changing Body |
| Prior Learning | EYFS Who am I? | EYFS How am I special? | EYFS What is a goal? | EYFS What is healthy? | EYFS Make Friends, Make Friends, Never Ever Break Friends | EYFS Growing Up |
| Future Learning | Year 2 Autumn 1 How can I support my class? | Year 2 Autumn 2- What is a stereotype? | Year 2 Spring 1- Can I persevere and synergise well? | Year 2 Spring 2- How can I look after my body? | Year 2 Summer 1- Safety and Secrets | Year 2 Summer 2- Growing from Young to Old |
| Year 2 | | | | | | |
| Term and Focus | Autumn 1 Being Me in the World How can I support my class? | Autumn 2 Celebrating Differences What is a stereotype? | Spring 1 Dreams and Goals Can I persevere and synergise well? | Spring 2 Healthy Me How can I look after my body? | Summer 1 Relationships Safety and Secrets | Summer 2 Changing Me Growing from Young to Old |
| Prior Learning | Year 1 Autumn 1- How can I synergise? | Year 1 Autumn 2- What is bullying? | Year 1 Spring 1- What is my goal? | Year 1 Spring 2- How can I make healthy choices? | Year 1 Summer 1- My Important Relationships | Year 1 Summer 2- My Changing Body |
| Future Learning | Year 3 Autumn 1- How can I support my community? | Year 3 Autumn 2- What is a witness? | Year 3 Spring 1- What is going to be my new challenge? | Year 3 Spring 2- How can I be safe? | Year 3 Summer 1- Family, Friends and Me | Year 3 Summer 2- Body Changes |
| Year 3 | | | | | | |
| Term and Focus | Autumn 1 Being Me in the World How can I support my community? | Autumn 2 Celebrating Differences What is a witness? | Spring 1 Dreams and Goals What is going to be my new challenge? | Spring 2 Healthy Me How can I be safe? | Summer 1 Relationships Family, Friends and Me | Summer 2 Changing Me Body Changes |
| Prior Learning | Year 2 Autumn 1- How can I support my class? | Year 2 Autumn 2- What is a stereotype? | Year 2 Spring 1- Can I persevere and synergise well? | Year 2 Spring 2- How can I make healthy choices? | Year 2 Summer 1- Safety and Secrets | Year 2 Summer 2- Growing from Young to Old |
| Future Learning | Year 4 Autumn 1- What is democracy? | Year 4 Autumn 2- Why do we make assumptions? | Year 4 Spring 1- How may I feel while working towards a goal? | Year 4 Spring 2- My Health and External Influences | Year 4 Summer 1- Me and My Feelings | Year 4 Summer 2- Growing Up |
| Year 4 | | | | | | |

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| <u>Term and Focus</u> | Autumn 1 Being Me in the World What is democracy? | Autumn 2 Celebrating Differences Why do we make assumptions? | Spring 1 Dreams and Goals How may I feel while working towards a goal? Life Skills | Spring 2 Healthy Me My Health and External Influences Life Skills | Summer 1 Relationships Me and My Feelings | Summer 2 Changing Me Growing Up |
| <u>Prior Learning</u> | Year 3 Autumn 1- How can I support my community? | Year 3 Autumn 2- What is a witness? | Year 3 Spring 1- What is going to be my new challenge? | Year 3 Spring 2- How can I be safe? | Year 3 Summer 1- Family, Friends and Me | Year 3 Summer 2- Body Changes |
| <u>Future Learning</u> | Year 5 Autumn 1 How can I be a citizen of my country? | Year 5 Autumn 2 Why is there conflict between people? | Year 5 Spring 1 What is my dream job? | Year 5 Spring 2 How can external factors impact my health? | Year 5 Summer 1 Living in the Online World | Year 5 Summer 2 Am I Growing Up? |
| Year 5 | | | | | | |
| <u>Term and Focus</u> | Autumn 1 Being Me in the World How can I be a citizen of my country? | Autumn 2 Celebrating Differences Why is there conflict between people? | Spring 1 Dreams and Goals What is my dream job? Life Skills | Spring 2 Healthy Me How can external factors impact my health? Life Skills | Summer 1 Relationships Living in the Online World | Summer 2 Changing Me Am I Growing Up? |
| <u>Prior Learning</u> | Year 4 Autumn 1 What is democracy? | Year 4 Autumn 2 Why do we make assumptions? | Year 4 Spring 1 How may I feel while working towards a goal? | Year 4 Spring 2 My Health and External Influences | Year 4 Summer 1 Me and My Feelings | Year 4 Summer 2 Growing Up |
| <u>Future Learning</u> | Year 6 How can I be a global citizen? | Year 6 Is it normal to be different? | Year 6 What is my dream for the world? | Year 6 Lots of Life Choices | Year 6 Me and My Mental Health | Year 6 Reproduction and Changing Relationships |
| Year 6 | | | | | | |
| <u>Term and Focus</u> | Autumn 1 Being Me in the World How can I be a global citizen? | Autumn 2 Celebrating Differences Is it normal to be different? | Spring 1 Dreams and Goals What is my dream for the world? Life Skills | Spring 2 Healthy Me Lots of Life Choices Life Skills | Summer 1 Relationships Me and My Mental Health | Summer 2 Changing Me Reproduction and Changing Relationships |
| <u>Prior Learning</u> | Year 5 Autumn 1 How can I be a citizen of my country? | Year 5 Autumn 2- Why is there conflict between people? | Year 5 Spring 1- What is my dream job? | Year 5 Spring 2- How can external factors impact my health? | Year 5 Summer 1- Living in the Online World | Year 5 Summer 2- Am I Growing Up? |
| <u>Future Learning</u> | KS3 | KS3 | KS3 | KS3 | KS3 | KS3 |