## WEEK 1

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Meal Option 1 | Chicken sausage with <br> mash and peas. <br> (Gravy optional) | Meatball in a rich <br> rustic tomato sauce <br>  <br> sweetcorn. | Seasoned roast <br> chicken drumstick <br>  <br> mixed vegetables. <br> (Gravy optional) | Jacket potato with a <br> choice of fillings with <br> julienne carrots. | Golden crumb fish <br> fingers served with <br> crispy chips \& Baked <br> beans. |
| Meal Option 2 | Quorn sausage with <br> mash and peas. | Chunky vegetable <br> curry with white rice <br> \& sweetcorn. | Chinese vegetable stir <br> fry noodles with <br> mixed vegetables. | Chunky vegetable <br> pasta Bake in ragu <br> sauce with julienne <br> carrots | Cheese or tuna wrap <br> (chilled) served with <br> crispy chips \& baked <br> beans. |
| Dessert 1 | Fruity crumble with <br> custard. | Delicious wobbly jelly. | Pot of vanilla ice- <br> $r e a m$. | Carrot cake with <br> creamy custard. | Shortbread choc chip <br> biscuit. |
| Dessert 2 | Mixed fruit platter. | Mixed fruit platter. | Mixed fruit platter. | Mixed fruit platter. | Mixed fruit platter. |

## WEEK 2

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :--- | :--- | :--- | :--- | :--- |
| Meal Option 1 | Chicken Bolognese <br> served with <br>  <br> sweetcorn. | Creamy sweet <br> potato \& vegetable <br> curry served with <br> mixed rice \& peas. | Seasoned sticky chicken <br> drumstick served with <br> roast potato \& mixed <br> vegetables. (Gravy <br> optional) | Jacket potato with a <br> choice of fillings <br> served with herby <br> Carrots. | Ocean fish fillet <br> served with crispy <br> chips \& baked beans. |
| Meal Option 2 |  <br> sour vegetables <br> served with white <br> rice \& sweetcorn. | Home style <br> flavoursome <br> macaroni cheese <br> served with peas. | Creamy fisherman pie <br> served with mixed <br> vegetables. | Cheese and bean <br> stuffed Yorkshire <br> pudding served with <br> herby Carrots. | Five bean burrito <br> serve with Crispy <br> chips and baked <br> beans. |
| Dessert 1 | Fruity crumble with <br> custard. | Decorated banana <br> mousse. | Organic fruit yogurt. | Double choc <br> cupcake, with choc <br> custard. | Coconut crisp <br> shortbread biscuit. |
| Dessert 2 | Mixed fruit platter. | Mixed fruit platter. | Mixed fruit platter. | Mixed fruit platter. | Mixed fruit platter. |

## DAILY FRESH BREAD AND A LOADED SALAD BAR

Menu items are subject to availability and catered to all food intolerances.

## WEEK 3

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Meal Option 1 | Party vegetarian <br> Pizza served with <br>  <br> sweetcorn. | Chicken tikka curry <br> with white rice served <br> with diced carrots. | Sticky BBQ chicken <br> drumstick, served with <br> roast potato \& mixed <br> vegetables. (Gravy <br> optional) | Homestyle <br> flavoursome <br> macaroni cheese, <br> served with cut <br> green runner beans. | Buggets served with <br> crispy chips \& baked <br> beans. |
| Meal Option 2 | Not so spicy <br> vegetable rice bake <br> served with <br> sweetcorn. | Cheesy vegetarian <br> pasta bake in a ragu <br> sauce with diced <br> carrots. | Homemade cheesy <br> quiche, served with <br> roast potato \& mixed <br> vegetables. | Creamy coconut <br> vegetable Korma, <br> served with <br> sweetcorn rice \& cut <br> green runner beans. | Oven baked fish cake, <br> served with crispy <br> chips \& baked beans. |
| Dessert 1 | Fruity crumble and <br> custard. | Chocolate cracknell <br> with creamy <br> chocolate custard. | Creamy rice pudding. | Organic fruit yogurt <br> or delicious wobbly <br> Jelly. | Buttery shortbread <br> cookie. |
| Dessert 2 | Mixed fruit platter. | Mixed fruit platter. | Mixed fruit platter. | Mixed fruit platter. | Mixed fruit platter. |

## DAILY FRESH BREAD AND A LOADED SALAD BAR

Menu items are subject to availability and catered to all food intolerances.

